



2011

**MOODY BLUE DEVILS
SUMMER WORK-OUT
SCHEDULE**

June 2011

2011 SUMMER WORK-OUT SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2011

2011 SUMMER WORK-OUT SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 Work-Out 5:00-7:00pm	8 Work-Out 5:00-7:00pm Samford University 7 on 7	9
10	11 Work-Out 5:00-7:00pm	12 Work-Out 5:00-7:00pm	13	14 Work-Out 5:00-7:00pm	15	16
17	18 Work-Out 5:00-7:00pm	19 Work-Out 5:00-7:00pm	20	21 Work-Out 5:00-7:00pm TESTING	22 Work-Out 5:00-7:00pm TESTING	23
24	25 Work-Out 5:00-7:00pm Ashville 7 on 7	26 Work-Out 5:00-7:00pm TESTING	27	28 Work-Out 5:00-7:00pm TEAM MEETING, CONDITIONING, TEST	29	30
31						

August 2011

2011 SUMMER WORK-OUT SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:30-9:30am (Shorts) 5:00-7:00pm (Shorts)	2 7:30-9:30am (Shorts) 5:00-7:00pm (Shorts)	3 7:30-9:30am (Shorts)	4 7:30-9:30am (Shorts) 5:00-7:00pm (Full)	5 7:30-9:30am (Shorts) 5:00-7:00pm (Full)	6
7	8 7:30-9:30am (Shells) 5:00-7:00pm (Full)	9 4:00-7:00pm (Full) First Day of School for Teachers	10 4:00-5:15pm (Full)	11 4:00-6:30pm (Full)	12 6:30-8:30pm (Stadium, Lights, Full)	13
14	15 2:30-4:30pm (Full) SCHOOL BEGINS	16 2:30-4:30pm (Full)	17 2:30-4:30pm (Shells)	18 Springville Jamboree (Home, 7:00pm)	19 2:00-5:00pm (Film, Walk-Throughs)	20
21	22 2:30-4:30pm (Full)	23 2:30-4:30pm (Full)	24 2:30-4:30pm (Shorts)	25 St. Clair County (Home, 7:00pm)	26	27
28	29	30	31			